

Mental Health Services

- Diagnostic evaluation and assessment
- Medication management
- Individual therapy
- Group therapy
- Family therapy
- Case managers to help you arrange other services
- Therapeutic behavioral services (one-to-one in-home aides)
- Psychiatric rehabilitation program services
- Therapeutic nursery services
- Substance abuse services
- Inpatient hospitalization
- Residential treatment centers
- Partial hospitalization/ psychiatric day treatment
- Home health care
- Mobile treatment
- Psychological testing
- Transportation assistance for the child and parents to any service where necessary
- Any other mental health service recommended by a doctor or other licensed "practitioner of the healing arts" within the scope of his or her practice under State law.

Resources

ValueOptions: 1-800-888-1965
<http://maryland.valueoptions.com/>

Core Service Agencies

Allegany	301-759-5070
Anne Arundel	410-222-7858
Baltimore City	410-837-2647
Baltimore County	410-887-2731
Calvert	410-535-5400
Caroline	410-770-4801
Carroll	410-876-4440
Cecil	410-996-5112
Charles	301-396-5238
Dorchester	410-770-4801
Frederick	301-682-6017
Garrett	301-334-7440
Harford	410-803-8726
Howard	410-313-7350
Kent	410-770-4801
Montgomery	240-777-1400
Prince George's	301-985-3890
Queen Anne's	410-770-4801
St. Mary's	301-475-4200 ext 1680
Somerset	443-523-1810
Talbot	410-770-4801
Washington	301-739-2490
Wicomico	410-543-6981
Worcester	410-632-1100

MDLC

Maryland Disability Law Center
1800 N. Charles Street, Suite 400
Baltimore, Maryland 21201
410-727-6352/ 800-233-7201
www.mdclaw.org

Helping You...

Access Mental Health Services for Children with Disabilities on Maryland Medicaid or MCHP



Maryland Disability Law Center



THE LAW

Federal and State law require that children (up to age 21) who receive Medical Assistance – including Medicaid, MCHP, and children in Medicaid Waivers – receive early and periodic screening, diagnosis, and treatment (EPSDT). EPSDT means that children have a right to receive periodic healthy kid check-ups, including screening for mental health needs. If the professional who does the check-up, or any other professional, finds that a service is medically necessary, the child has a right to that treatment.

How can my child access mental health services?

If your child needs an evaluation or treatment, make an appointment with a psychiatrist or therapist who accepts Medicaid. If you need help finding one, **call ValueOptions at 1-800-888-1965**, or **call your Core Service Agency**.

If your child needs any other mental health service, ask his/ her psychiatrist or therapist to make a referral to ValueOptions. They can identify a provider to deliver the service if you do not choose one.

In an emergency or crisis, take your child to the nearest emergency room and call your child's psychiatrist or therapist.

How soon should my child receive the services?

Federal law requires that services be provided with "reasonable promptness." Under Maryland regulations, services should be provided as soon as clinically appropriate if urgent, and within thirty (30) days if not urgent.

What are my child's rights under Medicaid law?

- The State or ValueOptions should not put children on waitlists for services.
- Services should be available throughout the State.
- The State should ensure that providers are available.
- Families should have the freedom to choose their provider.
- Families can change providers at any time.
- There should not be caps on the length of services provided.
- Service denials and delays can be appealed.

What should I do if my child has trouble getting these mental health services?

Call the Maryland Disability Law Center (410-727-6352/ 1-800-233-7201). MDLC will explain how to appeal when services are denied or delayed. MDLC may also be able to provide your child with free legal assistance.